

ACTIVITY CALENDAR

APRIL

- **Newspaper Reading and Coffee** at 9:30 a.m. Monday—Saturday
- Our **Beautician** is here every Thursday
- **Library Time** with the Pre-school is every Friday at 10:30 a.m.
- **Exercise Class** with Debra is every Monday and Wednesday at 10:30 a.m.
- **Ice Cream Social** is every Friday at 1:30

- **CALENDAR CONTINUED ON PAGE 4**



Ketchikan Pioneer Home

VOLUME 13, ISSUE 4

APRIL 2014

Greetings from the Administrator

As many of you know, my dad passed away this month and it has been a very difficult time for my mom and for our family. We appreciate all of your kindness and support during such dark days. The residents have been especially comforting as so many of them have faced loss in their

lives and have endured with the grace and courage I so admire in others.

If I missed an opportunity to meet with anyone or if you have any unresolved concerns that emerged during my unexpected absence from the building, please let me know and I would be happy to

schedule a meeting.

Thanks again for all of your support.



*Jerry L. Berkey May 22
1951-March 17, 2014*

Julie Sande, Administrator
228-3362

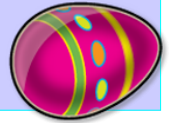
LOOKING AHEAD



We have delighted in seeing the crocus' tentatively pop their blooms above ground. With the hope of Spring comes one of our favorite celebrations of the year, the KPH Easter Egg Hunt.

This year the hunt will be on Saturday April 19th at 1:30 in the Great Room. The hunt is open to all of "our" children ages 12 and under, staff, resident, and pre-school kiddos are welcome! Please join this fun event which also features lots of games and our famous Hot Cross Buns made from scratch by our amazing kitchen crew!

APRIL FAMILY & FRIENDS DINNER



Resident Neil O'Hashi enjoys catching up with a friend at the March Friends and Family Dinner.

The KPH April Family and Friends Dinner is scheduled for 5:00 p.m. on April 17. We hope to see all of our friends and family for our favorite dinner of the month!

Menu:

Appetizer: Deviled Eggs
Salad: Spring Green Salad with homemade Mango Vinaigrette

Entrée: Baked Ham, Scalloped Potatoes, Green Beans with a homemade dinner roll
Dessert Fresh Made Cream Cake

Please contact Hilary at 228-3372 or e-mail her at hilary.koch@alaska.gov to reserve your table before Tuesday, April 17th.



Resident Margot Shay gets a snuggle with one of her little visitors.

"If you have good thoughts they will shine out of your face like sunbeams and you will always look lovely."

- Roald Dahl

DISTINGUISHED YOUNG WOMEN

Each year the Distinguished Young Women of Alaska spend some time with the residents of the KPH. These lovely young ladies are from all over the State and come to Ketchikan to compete for scholarships and the chance

to represent Alaska at the Nationals in Alabama. We were so pleased they could join us again this year and share their many talents as well as volunteer with the residents for ice cream social.



Alaska's Distinguished Young Women.

VOLUNTEER APPRECIATION MONTH

This month more than any other we find ourselves so grateful for the efforts of the amazing volunteer core that we have at the Ketchikan Pioneer Home. Our activity department depends on the help of so many

dedicated and selfless people in our community. They spend countless hours visiting with our residents and help to make our days better by being a part of our world. Please join us on April 24th for our Pizza Party and Volunteer Celebration at 6:00 p.m. in the Great Room.



Some of our many volunteers helping to make our Fall Square Dance a success.



Volunteer Nancy McDonald helps to brighten Jeanne Vikes day.

KPH IDITAROD WINNERS!



The KPH residents LOVED participating in our own version of the Iditarod Trail Sled Dog Race. Residents and staff randomly pick the name

of a registered musher in the race. Each day we charted their daily progress on a results board. It was a lot of fun tracking the mushers as they pushed along the trail. We finished the event with prizes and an awards ceremony.

First Place: Miranda Robles

Second Place: Trish Hawk

Third Place: Kay Gichard.

Special Thanks to Gladys Klose for allowing us to borrow her handmade parka for the party and photo opportunity!



KPH FOUNDATION NEWS

The Ketchikan Pioneer Home Foundation is a non profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska. Donations can be made to the KPH Foundation and sent c/o the KPH @ 141 Bryant St. KTN 99901



Resident Annie Ruaro and daughter Debbi enjoy a laugh over her birthday lunch at the Landing.

Bob Sivertsen

Alaire Stanton

Nerissa Buendia

Bill Moran

Ed Zastrow

Cleo Weston

Ann Thompson

Terry Wanzer

Mona O'Dell

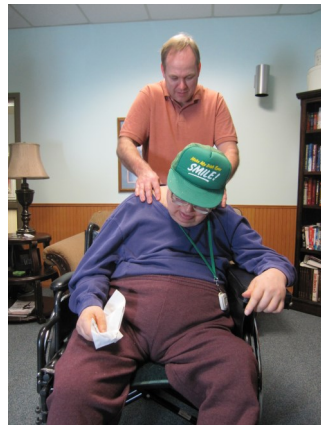
Fred Monrean

Idonna Hanson

Sherrie Slick

Ray Hendricks

Linda Koons-Auger



Special Thanks to Onthana and Frank Rogers of Onthana's Thai Massage for volunteering to provide a special Thai massage clinic twice a month to the residents of the Ketchikan Pioneer Home. What a kind and generous treat and the residents loved it!



KPH

Activity Calendar Continued...

Ketchikan Pioneer Home

141 Bryant St.

Ketchikan AK 99901

Phone: 907-228-3372

Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

- 4/03 Museum Visit @ 1:30
- 4/07 Foundation Lunch
- 4/07 Pioneers of Alaska meeting @ the KPH 5:30
- 4/09 Iditarod Slide Show @ 3:00
- 4/09 Karaoke @ 6:00
- 4/11 Dye Easter Eggs with the preschool
- 4/12 Ladies Tea with Flensea @ 2:30
- 4/14 Resident Council @ 1:30
- 4/15 Preschool Easter Egg Hunt
- 4/16 Monthly Birthday Party @ 3:00
- 4/17 Family and Friends Dinner @ 5:00
- 4/19 Easter Egg Hunt @ 1:30
- 4/20 Happy Easter!
- 4/24 Pizza Party for Volunteers
- 4/26 Onthana's Thai Massage
- 4/30 Lady Bugs come to visit



ST. PATRICKS DAY CELEBRATION

We celebrated St. Patrick's Day with an Irish ice cream social. Thank you to Mary Larsen, Don Pennington and Terry O'Hara for providing the good old fashioned Irish music along with some of our all time favorites. Everyone joined in the fun as we commenced to the "wearin' of the green" with sparkly hats and bow ties and toasted our glasses with the traditional green punch.



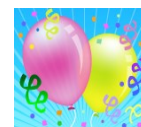
Resident & Staff Birthdays

STAFF

Shermaine DeLeon 04/09
April Margaja 04/10
Fred Aparici 04/12
LuAnne Mace 04/18
Marivic Rabacal 04/19
Tessie Nacionales 04/30

RESIDENTS

04/13/1930 Oddie Johansen
04/18/1923 Bonnie Marr
04/30/1927 Eugene McManus
04/30/1929 Meredith (June) Oyler
04/30/1932 Pat Koons



REMEMBERING FRIENDS...

At the end of February we lost Bob Lewis who had recently been transported to a hospital in Bellingham. Art Settje passed away at the beginning of March and Violet Riley recently passed away at the JPH where she had recently moved. We remember our friends with love and find comfort in our memories.



HULA HANDS

We celebrated the end of our Hula Hands, Hawaiian inspired exercise class with a slide show of Hilary's recent Hawaiian vacation and with a Hawaiian themed ice cream social. It happened to be Mr. Cal Anderes first day as a resident of the Ketchikan Pioneer Home so we were able to welcome him in style.

With Hula Hands season over, we will replace that class with gardening for the spring and summer.

